Missed the meeting?

Hello fellow dietetic enthusiasts. Last Wednesday was our first meeting of the semester and all I can say is WOW! Turnout was phenomenal! We had a full house with over forty of you coming out to show your support for SDA. If you were unable to attend the meeting or missed something here’s a recap of what was discussed:

Officers/membership: SDA officers for the 2010-11 school year are Kelly Durand, President; Nicole Bue-Perkins, Vice-President; Anne Sonnier, Treasurer; Katy LaJeune, Public Relations Officer; & Alecia Bryant (that’s me), secretary. If you need to get in touch with us the club e-mail address is sda@louisiana.edu.

Meetings will be held the first Wednesday of every month from 12-1pm in Hamilton Hall Room 223. Membership dues are $20 & this covers the entire academic year. Club shirt order forms were also circulated. The deadline for club shirt orders as well as fall membership is October 6th.

Get on Board Day was Wednesday August 25th. Special thanks and appreciation go out to everyone who stopped by or came to help out with the SDA booth. You rock!!

Regional & National Membership:
Membership forms for the Acadiana Nutrition & Dietetic Association (ANDA) were distributed. This is the regional club for local dietetics. Participation in ANDA is a great networking opportunity to get to know local dietetics professionals & gain insight into the field. Their 1st meeting will be held Wednesday September 8th, 5:30pm @ Posado’s. Membership dues are $15 if paid before Sept. 15th, after this date a $5 late fee will apply.

The American Dietetic Association (ADA) is the national organization for dietetics. Membership in this organization affords many benefits including access to all areas of the ADA’s website (eatright.org), special member pricing on publications, and discounted rates for conference registration. The price for student membership is $50. You can register online at www.eatright.org or just grab one of the membership forms downstairs in Hamilton near the Dietetics office.
The ADA Food & Nutrition Conference & Expo (FNCE) will be held in Boston Nov. 6-9th. Attending conference is an amazing experience for anyone with even a slight interest in dietetics. It’s where dietetic professionals, students, interns, food industry representatives, etc. convene to share the latest developments in every imaginable aspect of dietetics. For more information about the conference you can visit the ADA’s web site at www.eatright.org/fnce. Cost of attendance is estimated to be around $600-$800 (this includes registration, flight & hotel). Please note that flight expenses generally increase the longer you wait to book your flight. Also note that costs may be reduced if you share hotel expenses among a group. Additionally you may be eligible to have a portion of your expenses offset by SDA. The amount of costs you’re eligible to be reimbursed depends on your involvement in SDA, which is determined by the Points System. We encourage anyone interested in attending conference to complete and submit a points sheet (see attachment). Forms can be submitted to Dr. Fournet whose office is located on the 1st floor of Hamilton Hall.

Annual Fun Run: Our biggest and most exciting fundraiser of the year, our annual fun run, has been tentatively slated for March 26th 2011. Last year we raised around $3,000, and we want this year’s race to be an even bigger success! We need your help in getting an early start in planning and procuring sponsors and donations. Your participation is key to the success of the race and there will be plenty of opportunities for you to show your support & enthusiasm. Committee formation will be coming soon. A special thanks goes out to Abigail Swan & Jennifer Bourque who volunteered to undertake the task of co-chairing the race. This year, in conjunction with the race, we are also planning a "Young Chef’s Culinary Classic." This is the brainchild of Anne Sonnier who will be serving as chairperson. We need your help in brainstorming about different categories, age groups, judging criteria, set-up, logistics, etc. If you would like to be on the committee for this you can e-mail Anne (bas3496@louisiana.edu).

Community Service: Nicole Bue-Perkins is working with the Acadiana Breastfeeding Coalition in the set-up of a breastfeeding area for Student/Faculty mothers who need to breastfeed or pump during the day. This will be a collaborative effort between the dietetics & the nursing department. Nicole is also seeking to implement a student/classroom gardening program in a local elementary school working with the 4-H officer. More information about these two projects will be available at future meetings. Dr. Fournet is working with the School Food Nutrition Challenge in a local elementary school. Currently a rewards system is in place that rewards good classroom performance with candy and unhealthy "treats." Additionally the students are not allowed to participate in physical education classes because of required academic coursework in reading and math. The challenge seeks to provide alternate rewards such as healthy snack items or nonfood items i.e. cool pencils and other novelties. Funding is needed to purchase these items, so it was moved, seconded and passed that SDA provide a monetary donation to sponsor the school in the procurement of alternative rewards. A motion was made that the donation be in the amount of $100; this also passed.

What’s next? What to look out for

Our next meeting will be Oct 6th in Hamilton Hall room 223 at 12pm. We will have a guest speaker and, as always refreshments will be served.